

## PSYCHOANALYSIS IN JODI PICOULTS' MY SISTER'S KEEPER

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### Abstrak:

*Penelitian ini bertujuan untuk menganalisis penulisan teks analitis eksposisi pada era pandemi dan respon siswa terhadap pembelajaran menulis teks eksposisi analitik pada era pandemi. Desain penelitian adalah Content Analysis (CA) yang menciptakan pengalaman dari isi pesan yang tidak terstruktur. Data yang dikumpulkan adalah tulisan siswa, angket dan wawancara. Instrumen penelitian adalah penulis itu sendiri. Data tersebut menggambarkannya dengan pendekatan kualitatif. Penelitian dilakukan di SMAN 1 Karangbinangun Lamongan dengan mata pelajaran kelas XI IPA 1, XI IPA 2, XI IPS 3. Jumlahnya sekitar 10 siswa dari setiap kelas, artinya 30 siswa. Temuan penelitian ini adalah 7 siswa miskin dalam tata bahasa, 27 siswa miskin dalam kosakata, 15 siswa buruk dalam mengatur tulisan, 21 siswa buruk dalam mekanisme menulis. Mengingat temuan yang paling banyak kesalahan dalam menulis analitis eksposisi adalah penguasaan kosakata siswa. Temuan ini juga didukung oleh respon siswa dalam pembelajaran menulis analitis eksposisi yang mengatakan bahwa mereka salah menulis karena mereka miskin dalam kosa kata. Artinya, sebelum mengajar siswa menulis bahasa Inggris, guru harus menguasai penguasaan kosakata siswa.*

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**Kata Kunci :** Student writing about Analytical Exposition

### Abstract:

*The study aims to analyze the students' writing analytical exposition text in the pandemic era and the students' responses leathe rning writing analytical exposition in pandemic era. The design of study was content analysis (CA) that creating experiences from unstructured message content. The data collected were students' writing, questionnaire and interview. The instrument of study was the writer itself. The data describe it by qualitative approach. The study conducted at SMAN 1 Karangbinangun Lamongan that subjects of study was XI IPA 1, XI IPA 2, XI IPA 3. It was about 10 students from each grade, it means 30 students. The finding of study were 7 students were poor in grammar, 27 students were poor in vocabularies, 15 students were bad in organize the writing, 21 students were poor in mechanism in writing. Considering the finding are the most error in writing analytical exposition was the students' vocabulary acquisition. The finding also supported by the students' responses in learning writing analytical exposition which told that their error writing because of they were poor in vocabulary. It means that before teach the students in writing English, the teacher have to master the students' vocabulary acquisitions.*

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Woman is a gentle and loving creature, because of his smooth feelings. In general the nature of woman is the beauty, tenderness and humble. Woman is often likened to being weak, not to man who is thought to be very strong in order to do things with physical strength. Ahdiah (2013) stated that the difference between man and woman can be seen in terms of physical, work, decision-making and access to economic and political fields. Moreover, Nurhidayati and Purwami (2022) stated there are many assumption in the society that women are weak figures physically, psychologically, mentally and spiritually.

A woman often gets the symbol as a person who characterizes a person of subtlety, but woman also has a strong stance in her delicate state, Purwani (2019) said that woman appears with the power to show herself as illustrated by Anna Fitzgerald in *My Sister's Keeper* novel by Jodi Picoult. The novel was played by the Fitzgerald family; Brian, Sara, Jesse, Kate and Anna. It tells about a conflict between parents and children. Most parents would like to have children to perfect their own happiness.

However, it is quite different in the story of this novel. Brian and Sara wanted to have another child just as an organ transplant for her child named Kate who was suffering from Acute Promyelocytic Leukemia (APL). Anna was created by a doctor who successfully combined Brian's sperm and Sara's egg, which was designed to produce a genetic match with Kate. When she was thirteen, she claimed her parents because she was tired of the medical activities that had been hurting her. Anna's decision was challenged by her parent, especially her mother. She was tried to get a lawyer to close the case. Finally, she met Campbell Alexander who was tried to be her lawyer. In producing literary work, sometimes the author influences or is influenced by the other works consciously or not (Dewi, 2019). Therefore, in producing *My Sister's Keeper* novel, Jodi Picoult also reflects the psychological aspect that is influenced by the other works and theories.

In accordance to the previous paragraph, this study used the theory of psychoanalysis by Sigmund Freud based on personality structure that consists of three aspects; id, ego, and superego. All three aspects are dominated by libido (desire).

The personality structure has a function, attribute, component, work principle and dynamicization and mechanism in itself, but among those component interact with individual, so it is difficult to separate or determine its effect on human behavior. (Hamali, 2018)

This theory has an important role on the relation of libido's impulse to human personality, because it was able to create an image of Anna's personality through the id, ego, and superego side.

Jodi Picoult's work was known for her ability to discuss controversial topics, her research as well as her ability to explain stories from different perspectives. One of his eleventh work was a novel, entitled *My Sister's Keeper*. In 2005, the novel won the Alex Award given by The Young Adult Library Services Association (YALSA). This novel was first published by Atria Boob and released on April 2004 in Australia in the United States. This novel was first published by Atria Boob and released on April 2004 in Australia in the United States.

## **METHODOLOGY**

The method used in this study is psychoanalysis approach by focusing on the personality of the main character by discussing, analyzing, and interpreting to reconstruct the structure of his personality. Dewi (2019) argues that research of literary work has distinction

method than the other research studies, due to in literary research the theory becomes method in conducting study. The object of the study is focused to explain Anna's personality based on psychoanalysis theory. My Sister's Keeper as the primary source in the study and secondary source taken from various sources. Data collection techniques is done by reading of novels carefully and understanding a texts that contain of psychoanalysis aspects and searching for data from sources as books, articles, and journals, and then group data according to the function, and the last inserting data into the study. The next step, the data is analyzed according to the concept of giving psychological images of the main character based on id, ego, and superego. Then clarified according to the scopes in discussion, and the latter by presenting data through text, paragraph, and dialogues that has been converted into a narrative for understanding easily. The diagram of framework is also included as a procedures in this study.

## **RESULT**

My Sister's Keeper novel was written in a highly imaginary style, because Jodi Picoult used a back and forth line, where she always played with the memories of the past and the internal thoughts of each character. Anna's psychological condition in novels was under pressure from her parents. She was required to donate a kidney for safety of her sister, Kate. That can be seen from how Anna's way confronted her parents.

Relating to the theory in this study will be discussed Anna's psychological condition of id, ego, and superego that will affect her personality. The id sought a simply pleasure and tried to satisfy the libido as Fanani (2008) stated that the id contain all psychological aspects that are passed down like instinct, impulses and drives. Opposite to the id, superego tried to put moral values above libido's impulse as Hidayat (2011) stated that superego encourages ego to replace realistic goals with moralistic goals and pursuit of perfection. While the ego stood between the id and the superego that tried to adjust and balance the libido's impulse itself as Hidayat (2011) stated that as with id, the ego also has the will to maximize the achievement of satisfaction but in a process that differs from the id. So, the id side of Anna can be seen of Anna's rebellious character to her mother, while the ego side of Anna can be seen of reflect on Anna's desire to control freedom, and the superego side of Anna can be seen of Anna's decision to give all of her organs to her sister.

The results in this study may conclude that the impulse of id required person attain a satisfaction to fulfilling his libido, the ego considered an actions or decisions impulse by id, while the superego adjusted decisions to conform the moral values. However, in this study the superego succeed to defeated impulse of the id and Anna's ego as the main character who put her sister's safety, Kate who was suffering from leukemia.

## **DISCUSSION**

This study will discuss several points of Anna's personality based on personality structure. First, discuss of Anna's rebellious character to her mother of the id side. Second, discuss of Anna's desire to control freedom of the ego side. Third, will discuss of Anna's decision to give all her organs to her sister of the superego side.

### **I. The Id side of Anna**

The condition of Anna's id will be explained through an opinion, analysis, and several dialogues that has been converted into a narrative representing an image of Anna's personality. In the beginning of the novel, Anna explained why she was born was nothing as an organ transplant to save her sister, Kate who had leukemia. From the time of Anna was born, she has donated several of her organs to Kate. It worked and Kate recovered. Not so long ago, Kate relapsed again and her mother asked Anna to donate her kidney to Kate.

In this part, Anna described her medical activity. When Anna was newborn, she donated her cord's blood and then she donated her cells for remission and it could Kate's cure. The next time, when Anna was five Kate had a relapse and Anna donated her lymphocytes, but that didn't work and finally Anna donated her bone marrow. When Kate became infected, Anna donated granulocytes and when Kate relapsed again, Anna donated peripheral blood stem cells. (MSK, 2004:13)

The utterance, described Anna feels that she was very depressed by all the operations and medical activity that repeatedly touched her body. This enabled Anna's libido to try strive to break free from her load. It has implied that she has rebelled her mother's request that she donate her kidney to Kate and she made a decision that she wouldn't donate a kidney to Kate.

### **II. The Ego side of Anna**

After Anna's id was revealed when she rebelled her mother's request and she decided that she didn't donate her kidney to Kate, then Anna's ego began to play a role, she tried to control her emotions and reconsidered her decision.

In this part, Anna was muttered on her mind, what if she was in Kate's current position? What if Kate asked to be an organ transplant as she has done? What if one of the donor of bone marrow or cord blood or others were the end of medical activity? What if she could look back at the days that she has passed and felt be okay? What if the Judge did not think that her decision was right? Approximately, what she can did it? Anna really felt confused with the questions that always appear in her mind. (MSK, 2004:272)

Anna asked herself and made her think again on her decision. Anna's ego was at work, so she had to consider whether her decision was right or she had to retract the decision she had previously made.

### **III. The Superego side of Anna**

Now, Anna's superego is showing the role that she decided to keep donate her kidney to Kate, because she loved her so much and couldn't bear to see how sick Kate was.

In this part, Anna sat down beside Kate. She saw the vein in Kate's neck and it was as if she could see leukemia cells that seemed so clearly moving through Kate's body system. Anna leaned her head against Kate's chest, so close to the center line, she could see the fluid dripping into Kate's body. Anna argued Jesse's claim and said that she intentionally did not come to see Kate, because it made her feel better. (MSK, 2004:125)

Anna's superego's clarity was reflected in her last words. Anna was concerned about Kate's deteriorating condition. Anna went back to wondering if Kate would survive if she didn't donate her kidney. Then, she thought that Kate would die. Indirectly, Anna's superego

had defeated both her side of the id and her ego and she decided to give Kate her kidney after all.

### CONCLUSION

A story in *My Sister's Keeper* novel is very interesting because the story is so unpredictable that it creates a curiosity to continue reading until ended. It also has many moral messages and values that can be an inspiration for another people. Anna's personality condition is dominated by libido (desire). It can be conclude that from all three structures of Anna's personality (id, ego, and superego), although Anna's id is trying to satisfy her libido by making a decision to obtain her own body by refusing to donate her kidney to her sister. Anna's ego functioned a neutralized of id desire by reviewing her decision. Then, Anna's superego succeed her id and ego, which is that she kept donating her kidneys to her sister's safety, Kate.

### SUGGESTION

This study has completed as well as possible way. If there is an unfortunate error in researching, analyzing, etc. please be forgiven. Therefore, criticism and suggestion from both readers and different sides are needed to improve the study. it can be concluded that literary learning is very helpful for readers in critical thinking as has been said by Sukiman, et al (2019).

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